

21 PLUS, INC.

21 PLUS TIMES

SPRING ISSUE 2012

"Meaningful lives for people with disabilities"

MESSAGE FROM THE EXECUTIVE DIRECTOR

I am always surprised when friends, family, or associates say to me, "Oh, I didn't know that 21 Plus could have used that. I donated it to so and so." Maybe I haven't been clear enough in my other messages. Therefore, I am going to try again.

21 Plus has received a 2% cost of living increase in five years from the State of New Jersey. In case no one noticed, the cost of living in New Jersey has far exceeded 2% in five years. What do we do with the gap in funding? We write grants, expand our program opportunities, fund raise, and keep lists of things that are needed. I therefore think it's a good time to list a few, very specific ways in which you, your friends, or family members can help in case you're wondering:

Volunteer to help on July 23, the day of the golf outing for 3 hours or more. Donate to the spring appeal to help us make repairs, and beautify our homes and programs.

Ask a community group that you know to plant some flowers, or weed at one of our homes.

Remember us if you're spring cleaning and have good furniture, working appliances, or pictures that you want to donate.

Sell raffle tickets to friends and family and all those you've bought from for years.

Spread the word by handing out or emailing 21 Plus brochures and newsletters.

Add names of potential donors to the database.

Recommend the 21 Plus training centers if you know of a business that needs small office cleaning, or collating and envelope stuffing, etc.

Golf with us on July 23rd or find someone who would like to.

If you or someone you know has marketing, investment, fund raising, or management expertise and would like to volunteer time, submit an application for appointment to the Board of Directors or to a committee.

Thank you to the generous community and the donors who support the meaningful work that we do with people with disabilities. We look forward to our continued partnership and making a difference in many more lives in the future.

21 PLUS, INC.

Is a non-profit, tax exempt organization registered with the State of New Jersey and the US Department of the Treasury classified 501(c)(3).

21 PLUS FOUNDATION ACCEPTS BEQUESTS

For more information contact:

Mary Norman
Finance Director
732-240-3118, x24

FOR MORE INFORMATION

Visit our website at
www.21plus.org

DID YOU KNOW?

FOR INFORMATION ABOUT SERVICES FOR YOUR LOVED ONE CALL:
DIVISION OF DEVELOPMENTAL DISABILITIES
732-863-4500

FOR RESPITE SERVICES, CALL:
21 PLUS
732-240-3118, x19



Center for Accreditation of Rehabilitation Facilities (CARF) has accredited 21 Plus, Inc. for its Adult Training Centers and Supported Employment Programs.

**WOULD YOU LIKE
TO MAKE A
DIFFERENCE IN
SOMEONE'S LIFE
AND GET PAID
FOR IT?
CALL OUR HR
DIRECTOR AT 732
-240-3118, X21
OR EMAIL
JOBS@21PLUS.ORG.**

**21 PLUS
IS A MEMBER
OF THE NEW
JERSEY
ASSOCIATION
OF
COMMUNITY
PROVIDERS**

NEWS FROM THE BOARD OF DIRECTORS

The 21 Plus Board of Directors and 21 Plus Foundation Board Trustees were honored at the annual Board Appreciation Breakfast on May 15, 2012 at the Holiday Inn. Board President Frank Orawiec congratulated re-elected board members (including himself), John Kane, Adrienne Socha, Zev Rosen and Dawn Tortoriello. The new slate of board officers was elected for the upcoming year, Frank Orawiec as President, Adrienne Socha as Treasurer, and Michael York as Secretary.

Retiring board member and co-founder Judy Oswald was presented with a gift from the Board for her many years of dedication to 21 Plus.

21 Plus is thankful for all the time given to 21 Plus by the volunteer board of directors! Thanks for all you do.

MARK SHOOTS FOR THE STARS

On May 22, 2012, Mark Rodenbeck, a young man who lives in a 21 Plus group home, received a Stars Award from the New Jersey Association of Community Providers. Mark won this award because of his many accomplishments over his years with 21 Plus.

Mark's first goal was to lose weight. His determination was amazing and with the help of staff, he is living a healthier life style and lost 100 pounds. His personal growth continued with volunteering, and sponsoring animals at the Popcorn Park Zoo. He is dedicated to the animals, and is a valued community volunteer.



Lastly, Mark's interest in horses led him to Chariot Riders where he first learned how to feed and groom a horse. From there he graduated to riding. Mark now takes weekly riding lessons, and never forgets to bring his favorite horse, Strider, an apple or carrot each time.

Mark's well deserved award was presented at a dinner dance with more than 300 people applauding him. Family, friends, and staff were among those present to see him graciously accept his award. It was a night that Mark will never forget. Congratulations, Mark!

SOCIAL ROLE VALORIZATION

The 21 Plus Foundation sponsored a four day Social Role Valorization workshop. Twenty-six employees attended the rigorous, eye-opening, and thought provoking workshop. Social Role Valorization is the name given to a concept for transacting human relationships and human service, formulated in 1983 by Wolf Wolfensberger, PhD. The major goal of SRV is to create or support socially valued roles for people in society. The belief is that if a person holds a valued social role, that person will be highly likely to receive those good things in life that are available in that person's society, or at least the opportunity for obtaining these. The workshop reviews from 21 Plus employees were positive, and left the group energized and determined to work with the men and women we serve to gain valued social roles in our society! The employees have developed an awareness that will fuel the philosophy of never settling, but diligently helping our folks strive towards the best society has to offer. Workshops will be offered periodically to keep the SRV principles fresh in everyone's mind throughout the year.

NEW GROUP HOME OPENING

After many months of discussion with the State of New Jersey, 21 Plus will be opening a group home that two ladies will soon call home. The house is located in Seaside Park and is currently undergoing a few minor cosmetic improvements. Once those are completed, the shopping and outfitting of the home will begin. Human Resources is currently interviewing for a Program Administrator and an Assistant Administrator to manage the home. If you or anyone you know are interested, contact Jocelyn Armstrong at 732-240-3118x21. It is very exciting to be able to expand our services and offer community living to people wanting this opportunity. We are aiming for a late summer opening!

ATC CRAFTS FOR SALE

*Call one of our programs and
shop for seasonal crafts!*

*Main Street Adult Training
Center—732-341-0863*

*Lakewood Adult Training
Center—732-364-0555*

21 PLUS ANNUAL GOLF CLASSIC

21 PLUS FOUNDATION 6TH ANNUAL GOLF CLASSIC SPONSORED BY SHORE COMMUNITY BANK

The 21 Plus Foundation will hold its 6th Annual Golf Classic on July 23, 2012 at Oceanaire Golf and Country Club in Waretown, NJ. The day will begin with registration at 11:00am with a BBQ lunch followed by a 1:00pm shotgun start. The outing will feature a 50/50 raffle and a live auction of golf foursomes to exclusive courses. The day will conclude with dinner and awards at 6:30pm. The per golfer fee is \$195 and sponsorship opportunities are still available. For more information, visit our website at www.21plus.org, or call 732-240-3118.

GEORGIAN COURT TRACK TEAM MAKES A DIFFERENCE

There was a lot of buzz at the Twin Oaks group home when the ladies heard that the Georgian Court Track team was coming on April 1st to beautify their yard.

When the team arrived, they were given a tour of the house and a lot of information from the ladies who live there about how much they like living at Twin Oaks.

While the team was busy planting flowers and weeding, Carol, who lives at Twin Oaks, took pictures. Everyone told the team how appreciative they were that the team adopted the Twin Oaks home.

When the yard work was finished, the team stayed, played a few board games, and had an impromptu birthday party. It was difficult to tell who was having a better time: the Georgian Court team or the Twin Oak's ladies.

The team's coach grilled burgers and chicken sandwiches to add to the salads and fruit for lunch. By now, new friendships had been developed. To complete the day, the residents at Twin Oaks, served cake, cookies and brownies they had baked as a thank you to the team for their hard work. What a difference the team had made that day in the lives of the residents at Twin Oaks and in the beautiful yard they left behind.

If you know of a community group who is interested in doing some yard work, or making a few basic home repairs, call Heather at 732-240-3118 Ext. 23. 21 Plus also accepts donations to the 21 Plus Foundation at 252 Washington St., Toms River, NJ 08753. For more information go to www.21plus.org or call (732) 240-3118.



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