

Supports

A 21 Plus Vocational Service Publication

3rd Quarter 2012 July- September

Announcements

- LATC phone number is 732-364-0555
- MSATC phone number is 732-341-0863
- Supported Employment's phone number is 732-341-1461
- Deb Knight, Program Director for MSATC & LATC
732-341-1464
dknight@21plus.org
- Family Support Coordinator
732-240-3118 x 29
FSC@21plus.org
- Inclement weather will be announced on radio station WOBM 92.7

November and December closing dates

MSATC and LATC

- November 22 & 23
- December 24 & 25
- December 31

MSATC will be OPEN WITH NO TRANSPORTATION:

- November 6, Election Day
- November 12, Veteran's Day

From the Desk of Deb Knight

Program Administrator

We are starting our fall season with thanks and giving. MSATC and LATC programs received a big thank you from the United Way of Ocean County for their participation in the School Supply Drive. With the support of each one of you we helped United Way double their collection this year, so with that I say thank you to all of you who generously gave to the cause.

With the thought of fall in mind we are moving into the holiday season, we want to you to keep in mind our fabulous crafts and gift baskets. Just right for any occasion and if that is not enough we even offer gift wrapping services. Give us a call for more details.

With the change of seasons comes colder, harsher weather, so please refer to our handbook regarding our weather policy and center closings.

Here are a few reminder tips for the inclement weather:

- a. Dress in layers. Avoid pure cotton, linen, or other similar materials, however, because these fabrics retain moisture and will chill you.
- b. Layer a knit sweater or sweatshirt over the top of the first layer.
- c. Add your coat or jacket as the top layer. It is usually a good idea to get a coat that has a waterproof or water-resistant outside layer, especially if you will be exposed to rain, sleet, hail or snow.
- d. Wrap a scarf around your neck and pull it snug. You may want to tuck it into your coat for added warmth. You can also pull the scarf over your mouth to guard against the cold air.
- e. Put your hat or cap on before going outside. You may also want to consider ear-muffs if you don't have a hat that covers your ears.
- f. Keep your hands warm with gloves or mittens. Again, if you are going to be in the snow or rain, waterproof gloves are preferable

Main Street Adult Training Center

Craft Corner

MSATC will be participating in 2 craft shows this fall!

The first event is Saturday, November 3rd, 2012 at

**St. Joseph Rosary Alter Society's
24th Annual Fall Art & Craft Festival**
from 9am to 3pm.

The second will be November 7, 2012, at

Brick Township High School PTSA Holiday Craft Fair
from 9am to 4pm.

We will be selling our Fleece Scarves and our latest creation "Meeko's Miracle Bow Wow Bones". The bones are in honor of "Meeko" the 21 Plus therapy dog. (See Meekos story)

Meekos Story!

In honor of "Meeko", Dale Skiba's certified therapy dog, we are making Meeko's favorite treat, "Meeko's Miracle Bow Wow Bones", to sell at our craft shows. Meeko recently had to have his hind leg amputated due to cancer, but is expected to make a full recovery once he learns how to balance himself on three legs. We hope to see him walking into the center soon!

Meeko's treats are healthy treats made with pumpkin and all natural ingredients. All bones will be "baked to order"! To place an order please call MSATC at 732-341-0863, and ask for Dale. The small bag will sell for \$5 and the large bag for \$8.

The participants at MSATC enjoy mixing, baking, and bagging the bones as part of their daily program. So join us in wishing "Meeko" a speedy recovery by giving us a call and placing your order today!



Volunteering Pays Off!

MSATC recently started a new crew labor job at St. Paul's Lutheran Church. We began volunteering at the church when they needed our assistance organizing their newsletter and stocking their pantry. The church officials decided they wanted the church grounds litter free for the weekend church services. This is when they realized they did not have to look far for help. 21 Plus had already proven they were hard working and reliable!

We submitted a bid for the job and they accepted! Our crew goes there every Friday morning to make sure the parking lot is clean and the grounds are litter free. The crew enjoys the paid work and St. Paul's Church likes the service we provide them. This job site has made a difference to one person in particular that never wanted to participate in crew labor jobs, but Alex now gathers his supplies and is pushing staff out the door to arrive on time! St. Paul's Church and 21 Plus have formed an excellent relationship built on the quality service provided by our Crew Labor Team! We hope to find more volunteer opportunities in the community that give us the opportunity to prove we can do more than just volunteer!

A Trip to State Police Museum

Staff Dale and Mary went with eight participants on a day of adventure and learning to the State Police Museum.

We started out touring the memorial garden. Sal was amazed to see how many troopers lost their lives in the line of duty. Rosie loved the old trooper cars and motorcycles. Charles and Janet really enjoyed the old wooden electric chair. Brian was having fun looking at the 2,000+ guns and weapons that are confiscated each year.

The museum was a great trip that was enjoyed by all!

Here Comes the Judge

MSATC participants Janet, Bob, Mark, Dolores, Bill, Charles, Pat, Tom and Anthony enjoyed a very interesting and educational tour of the Ocean County Courthouse, complete with an opportunity to do a mock trial. Ombudsman Ann Marie Fluery, introduced the group to the Honorable Judge Wellerson. Charles took note how the Judge was wearing his robe and then proudly put on a robe to become Judge Charles to preside over the trial of, "The Lost Puppy".

Judge Charles took his seat on the Judge's stand. The defendant Dolores was represented by her Defense Attorney Mr. Bob. The plaintiff, Bill, was represented by

his Attorney, Ms. Pat. Sheriff Mark maintained the order in the courtroom throughout the trial.

The trial of "The Lost Puppy" was resolved. Oh, and the puppy is safely home snuggling with his owner.



Lakewood Adult Training Center

Cupcake Wars

LATC participated in their first ever cupcake war!!!! The two team's battle consisted of two staff and eight participants. Four different flavors of cupcakes were made.

A. BANANA SPLIT

B. CHERRY LEMON

C. HOT FUDGE SUNDAE

D. PEANUT BUTTER CHOCOLATE LOVER.

Staff and participants set up and prepared for the baking war with excitement. Each participant had a different role with the delicate duties of creating the flavors, mixing ingredients, baking and decorating the delicious treats. The participants enjoyed having the opportunity to show off their baking skills. A few of our participants have been asking for this battle to take place. Staff happily obliged and thanked the participants for their hard work. The cupcakes each had their own unique taste. Everyone loved the flavor of each cupcake; however **BANANA SPLIT** was the winner for

taste. **HOT FUDGE SUNDAE** won best decoration. We look forward to future baking and cooking battles. All challengers are welcome! **MSATC** we hope to hear from you soon!



We Love to Volunteer!

This summer LATC had the opportunity to volunteer at a new site. Hearthstone Estates welcomed us to join in their activity program. Often times seniors are forgotten and we know they are a valued part of our community. That's why we teamed up to share some time and play some games with our new friends. Some of our afternoons were spent chatting and playing games such as horseracing, indoor basketball and of course BINGO! We look forward to spending time with our new friends and hope this will be a lasting relationship. We love the staff and residents of Hearthstone Estates.

Six Flags

The summer of 2012 was a very hot summer at Six Flags. However Dawn, Holly, Karen, and Robert did not let the heat interfere with their desire to work and perform their duties meeting the expectations of the manager. After a few weeks of training the ladies worked on food preparation, while Robert worked outside cleaning windows and tables as customers finished their meals. Robert was the "go to" person, always ready to assist customers with information about the park and where to find a particular amusement ride. Robert was awarded Employee Of The Week for his dedication to serving the customers of Six Flags. The team from 21 Plus attended the 4th of July company BBQ and enjoyed another company picnic to close out the season at Six Flags. As part of the

festivities there was a drawing for 6 tickets to a baseball game. The lucky winner was Karen and her choice of five friends to go with her! It was another successful season for Dawn, Holly, Karen, and Robert as the park closes for the winter and repairs. Many thanks to Six Flags for employing our folks. We hope to see them all back at 6 Flags next year!



Family Support Services

Walkin' the Shore....

Boardwalks, Beaches and Babies pretty much sums up this summer's fun in Family Support. Hot summer days found many at the Jersey Shore beaches this season and our participants were no exception. From Belmar to the now infamous Seaside Heights, we walked the boards and took in the warm breezes off the inviting ocean. Boardwalk shows, surfing competitions in Belmar, and let's not forget the PIZZA...oh, the pizza! were just a few of the many things enjoyed this summer.

But we could not report on our fun summer goings on without mentioning the exciting announcement of the birth of our Family Support Coordinator, Loren Gudzak's son Drew Jacob on September 2nd, Congratulations Loren!!

Tuesday Social

The Teens from Family Support meet twice per month and participate in social outings. This gives them the opportunity to socialize with their peers and enjoy the various outings planned. This summer they went to Blackbeard's and enjoyed miniature golf. Afterwards we all went for ice-cream which cooled us off from our game of golf! Another event the teens participated in was Six Flags, but the weather did not cooperate and our trip was cut short due to a downpour. The teens

really seem to enjoy getting together a couple times per month. Everyone seems to have adjusted to the change in staff although it took a few outings before I passed the test and was part of the crowd!

21 Plus, Inc. now offers
Family Support Services
for individuals age 3 and up with
disabilities.

We can provide the following
services for your family:

In-home support

Baby-sitting

Behavior Management

"Teen Night"

Companionship

Day Trips

Vacations

Assistance with obtaining
employment

Transportation services

We are a DDD Real Life Choices
provider.

Services also available
via private pay.

If you need support and you think
we might be able to help, call us at
732-240-3118, ask for our Family
support Program.